

THE BENEFICE OF RICHMOND WITH HUDSWELL, DOWNHOLME AND MARSKE

www.richmondhudswellparish.org.uk

MINISTRY TEAM

RECTOR

The Rev. Canon Martin Fletcher martin.fletcher@leeds.anglican.org

The Rectory, Church Wynd, Richmond 07762 440094 or 821241

ASSISTANT CURATE

Revd. Paul Sunderland 1 Wathcote Place, Richmond 07989 178196

paul.sunderland@leeds.anglican.org

HONORARY CLERGY

Bishop John Pritchard · Revd. Jennifer Williamson - Revd Pauline Shepherd Revd Martin Clarke

PASTORAL ASSISTANTS

Jennifer Patrick (01748) 850693 1 Roper Court, Richmond

Sharon Digan (07791) 426659

ACORN CHRISTIAN LISTENER

Jennifer Patrick (01748) 850693

PRAYER REQUESTS

Prayer requests to pray@richmondhudswellparish.org.uk or text 07394 907924

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CHURCH OFFICERS - ST MARY THE VIRGIN, RICHMOND

Mayor's Warden	Peter Trewby	(01748) 824468	24 Hurgill Road, Richmond			
Rector's Warden	Wendy Pritchard	(01748) 850854	-			
Warden Emeritus	David Frankton	(01748) 823531	8 Allan's Court, Richmond			
Director of Music	Colin Hicks	(07498) 299061				
Bell Captain	Susan Welch	(01748) 823700	8 Maple Road, Richnond			
Head Verger	John Welch	(01748) 823700	8 Maple Road, Richmond			

Parish Administrator & Secretary to the PCC

Colin Hicks (07498) 299061 admin@richmondhudswellparish.org.uk

OFFICERS OF THE PCC (AND OTHERS)

Lay Chair	Peter Trewby	(01748) 824468	24 Hurgill Road, Richmond
Treasurer	Paul Carnell		stmarys@paulcarnell.co.uk

Magazine Editor Jim Jack (07754) 283161 stmarys.maged@gmail.com

Magazine Distribution Keith Robson (07866) 325843

Magazine Adverts Jeanette Sunderland <u>jeanettesunderland@outlook.com</u>

(07812) 109243

Bookings Martin Clarke stmarys.mgc@gmail.com
Publicity Andy Lovell (07974) 766020 skeeby@skeeby.com

CHURCH SERVICES - St MARY THE VIRGIN, RICHMOND with Hudswell

8.00 a.m. Holy Communion Every Sunday
10.00 a.m. Parish Communion Every Sunday apart from1st Sunday
Worship for All (no communion) Every 1st Sunday
4.00 p.m. Café Church 3rd Sunday (every 2 mths—Jan, March etc)

Fun-Key Church Last Sunday each month 6.30 p.m. Choral Evensong Second Sunday each month

Free to Be 3rd Sunday (every 2 mths—Feb, April etc)
9.15 a.m Holy Communion Every Wednesday

CHURCH SERVICES AT HOLY TRINITY CHAPEL, MARKET PLACE, RICHMOND

10.30 a.m. Holy Communion Every Thursday

PARISH OF ST MICHAEL AND ALL ANGELS, DOWNHOLME CHURCH OFFICERS

Reader George Alderson (07487) 257646 68, Brompton Park,

Brompton on Swale DL10 7JP Church Warden Jean Calvert (07902) 753246 Home Farm, Downholme, Richmond DL11 6AF

Church Treasurer Phil Ham (07920 884103) 'Sundale', Reeth, DL11 6TX philip.ham@outlook.com

rev.jenny1@btinternet.com

CHURCH SERVICES AT DOWNHOLME

Rev Jennifer Williamson 824365

PCC Secretary

9.30 a.m. Morning Prayer Every second Sunday9.30 a.m. Holy Communion Every fourth Sunday

THE PARISH OF ST EDMUNDS, MARSKE

CHURCH OFFICERS

Church Warden Ruth Tindale (01748) 823371 Skelton Lodge, Marske Organist Jennifer Wallis (01748) 822930 1 School Terrace, Marske Treasurer Peter Coates (07801) 521954 Orgate Farmhouse, Marske

peter.coates54@hotmail.co.uk

PCC Secretary Jennifer Williamson (01748)82436 <u>rev.jenny1@btinternet.com</u>

CHURCH SERVICES AT MARSKE

11.00 a.m. Holy Communion Every Sunday except 2nd (& 5th) Sunday

11.00 a.m. Morning Prayer Every 2nd (& 5th) Sunday

EDITORIAL from stmarys.maged@gmail.com

Well, we're back after a summer (or should it have been Autumn?) break with a lot to report and much to look forward to. This has turned out to be a bumper 56 page edition, occasioned by the amount of news alongside the interest value of the varied contributions received—a good welcome for our new subscribers.

Quite often we are insulated from national events in this neck of the woods, so we can usually look at some aspects of news with interest and concern without needing to live directly with the impact—but the continued need for foodbank use (see page 51), the difficulty of making financial ends meet, the issues of high rentals and high property costs which make it so difficult for young adults and then four well known local businesses closing drives home to us that no area can escape the problems which higher prices bring. In our own development plans for the church's role in the community, identifying specific contributions we can make as a benefice community is possibly a useful starting point.

This month's issue does look at some of these issues. We ask the question of how we can support local businesses (do we use those who advertise with us?), and Christine Porter draws our attention to suicides in the young. There is good news too—Martin Booth's update on the Hudswell Hostel project, Revd Martin's message includes the pioneering of a new pilgrimage route, Trinity Academy tells of excellent performance by children at Key Stage 2, whilst a number of successful fund-raising ventures are reported. Re-wilding in the church yard at St Mary's takes a big step (or stamp) forward too. Do tell others about these successes.

Elsewhere there are interesting summaries of our plans for the future in Richmond and Marske, hints on a grand day out-and also on growing dahlias (Wendy Pritchard to the fore once more). Jan Beeton gives another fascinating traveller's tale. Jane Hatcher takes us back to the roots of our own Georgian Theatre; Isobel Short shares her instinctive responses to John Pritchard's quick questions, while husband Ian makes his usual excellent photographic contribution to our magazine with a cover picture to remind us of the summer we haven't yet had! Christine Porter reveals the work of a lesser known Northern saint and makes a link with Bishop John Pritchard (whose monthly Pathway in Prayer has been held over until October— alongside one or two other contributions due to lack of space.

Finally, there are a number of church and community events to look forward to which are highlighted within. Do join in whenever you can, including making contributions to your magazine. If Bev Joicey can contribute a 'fishy' pirate's tale from Alnwick where the tide is always out, perhaps you can chip in? Happy reading.



Martin's Message September 2023



St Mary's, Richmond with Hudswell – and new life for St Michael's

The church of St Michael and All Angel's in Hudswell has stood empty since it was sadly closed for worship over six years ago. In July this year, ownership of the church building was formally transferred to the Hudswell Community Charity. The trustees of the charity have set up a company known as 'Hudswell Hostel at St Michael's', creating a business plan to convert the church into a hostel. The project is intended to preserve this much-loved listed building for the village whilst also transforming the interior for new and imaginative use. Grant applications are being made to raise the £1.2m funding required – with over £400,000 already secured.

Since the closure of St Michael's church, St Mary's has served the united parish of St Mary, Richmond with St Michael and All Angels, Hudswell. Now our united parish may be referred to simply as St Mary's, Richmond with Hudswell.

Pilgrimage walk from Richmond to Downholme via Hudswell

As mentioned in the July/August issue of this Magazine, the 'Friends of Finchale Camino' are setting up a new pilgrimage route from Durham Cathedral to York Minster via Ripon Cathedral. It is hoped this will eventually bring together the St Cuthbert's Way in the North and the St James' Way in the south. The St James' Way leads to Southampton and historically people would take a ship to Spain to complete their pilgrimage to Santiago de Compostella.

Part of the new route will link Richmond with Downholme via Hudswell. The inaugural walk along this section will be on **Saturday 30th September**, a day chosen especially to be as close as possible to the feast of St Michael and All Angels (29th September): the village churches of both Hudswell and Downholme are dedicated to St Michael.

With plans to convert Hudswell church into a hostel now proceeding apace (see above), this inaugural walk is aimed at bringing publicity to the project. To that end, our new Area Bishop, the Rt Revd Anna Eltringham, will be joining us for the walk and we look forward to welcoming her to our Benefice.

The walk (of approximately 6 miles) will commence at 11am from St Mary's, with Bishop Anna blessing us on our way. We will stop halfway at St Michael's church

in Hudswell, where lunch will be provided. The walk will conclude with a short service at St Michael's church in Downholme at 3pm.

For further information or to book a place on the walk please contact Martin (07762 440094 or martin.fletcher@leeds.anglican.org). To enable you easily to return from Downholme, you will have the option of leaving your car there before the walk begins: buses will be running from Downholme church back to St Mary's in time for the 11am start, and a seat can be booked via this Eventbrite link: https://www.eventbrite.co.uk/e/north-yorkshire-pilgrimage-walk-2023-tickets-89971321797

Richmond with Hudswell PCC Away Day

Following the Annual Meeting, which took place on 7th May, the Richmond with Hudswell PCC met for an Away Day on 20th May, to Review and Plan.

In **Reviewing** the past year we reminded ourselves that the three main priority areas identified in the 2022 PCC Away Day were:

Grow Spiritually e.g. by expanding our range of services and Study/ Discussion Groups)

Extend our community engagement (e.g. through greater involvement in community events, or helping to support families and those with post-pandemic mental health issues)

Increase our income (eg through numerical growth and by developing the use of St Mary's as a venue for various events (concerts, exhibitions, etc)).

These in turn required us to strengthen further our lay leadership and publicity, make our church building fully fit for purpose (eg by addressing the need for easier access and better parking), and attract more young families to church life.

We were thankful that, as was highlighted at the Annual Meeting, in each of these areas there had been heartening progress: something to celebrate!

In **Planning** for the coming year we agreed we would seek to consolidate the progress made. In doing so we would make regular cross-checks with the Diocesan Vision <u>Our Vision - Diocese of Leeds (anglican.org)</u> and draw from Diocesan resources to assist and encourage us <u>Barnabas: Encouraging Confidence - Diocese of Leeds (anglican.org)</u>

In particular, with regard to *attracting more young families to church life*, we agreed to find ways to resource an integrated approach comprising:

• something for children at the 10am service every Sunday (eg a 'Sunday Club' held in the Choir Vestry *and* a slot in the service itself),

- a wider range of midweek children's and youth activities (deepening our collaboration with Richmond Methodist Church),
- extended schools outreach and developing our young singers and musicians (including investigating the possibility of appointing a Schools and Families Worker), whilst also encouraging the new directions being taken by Fun-Key Church. This has financial challenges but we have been successful in attracting funds for clearly defined projects in the past e.g. building works, bells

With regard to *growing spiritually*, we agreed to invite *ReSource* <u>ReSource</u> (resource <u>-arm.net</u>) to lead a Parish Retreat day (see 'Save the date!' below). This would enable us as a congregation to grow closer to God and to each other, whilst also introducing us to new ways to refresh our worship.

Allied to this, we considered holding occasional events at other locations (eg Easby Abbey, Whitby, a Boundary Walk, as well as the Pilgrimage Walk on 30th September) with the message: 'all are welcome'. This additional offer of Christian fellowship outside of formal worship would add to our Outreach and complement the excellent programme being coordinated by the Friends of St Mary's.

We have an exciting year ahead! Your support in planning, delivering, and joining these programmes and events is needed – and do please invite family, friends, and neighbours along to them.

Together, let us play our part in realising the Vision of our Diocese: 'Confident Christians, growing churches, transforming communities'

With every blessing,

Martin

Save the date: Saturday 30 September; 11.00 a.m.—6 mile Pilgrimage Walk; Richmond to Downholme via Hudswell. All are welcome.

Save the date! Benefice Retreat Day on Saturday 25 November

'Draw near to God and he will draw near to you' (James 4:8). For our spiritual refreshment a Retreat Day will be held at St Mary's church on Saturday 25th November, 9:30am-1pm. It will be led by speakers from ReSource (see https://www.resource-arm.net/local-church) and all are welcome.









We have laid to rest those who have died and give thanks for their lives.



Hodgen	Nathan William	29 April
Dixon	Doreen Mary	29 April
Manning	Sandra Lynne	5 May

Dando Edith Narcisa Carrion Sanchez 12 May

Kipling Ernest William ('Bill') 10 May Harrisson Dr. Sheila Patricia 6 June 29 June Worley Christopher Morris Heslehurst Constance 19 July Whelan Patricia 19 July Tooze Malcolm Frederick 25 July Dennys Newton Clarkson 30 July MacAulav Rita 16 August

May they rest in peace and rise in glory.

Whatever we were to each other, that we are still.

Speak of me in the easy way in which you always used..

Let my name be ever the household word that it always was.

Let it be spoken without effort, without the ghost of a shadow in it.

Why should I be out of mind because I am out of sight?

I am but waiting for you, for an interval, somewhere very near...

All is well

(Extract from 'Death is Nothing at All' by Revd Henry Scott Holland)



Baptisms

Delilah Esther-Grace Witty
Ethan James Cook
Aubree Sheila Cowen
Cali Grace Wright
4th June
4th June
2nd July
6th August

Welcome

You have received the light of Christ; walk in this light all the days of your life.



HUDSWELL HOSTEL PROJECT

When St Michael's and All Angels in Hudswell closed for worship, members of the community began work in trying to find a new community based role for the historic building. As with all such projects with a heavy reliance on grant aid to provide the funding to complement community-raised funding, the road is full of metaphorical potholes. There are many procedures to go through which all require enormous amounts of volunteer time and, in some instances, no little measure of professional skill learned on the job by those same volunteers.

MARTIN BOOTH has contributed a number of updates for us in the past. In his latest report, he brings encouraging news alongside the fact that much hard work remains to be done.

St Michael's Hudswell Hostel @ St Michaels could open next year!

There is still a long way to go, but with more than half of the funds that are required already secured, Hudswell Community Charity is quietly confident that our vision of creating a hostel in the former church of St Michael and All Angels in Hudswell will become a reality in 2024. It is over year now since we obtained planning permission and listed building consent for the conversion work and progress since then has sometimes seemed frustrating slow. Nevertheless, important steps forward are being taken and project has led to some exciting new initiatives in the form of the "Origins of Hudswell Project" community archaeological dig and the becoming part of the English Camino route from Finchale Priory in County Durham to Santiago in northern Spain (see Martin's Message pp 5-6).

Our vision is that the church and its historical features and artefacts will be conserved and celebrated as the building is given a new use that will provide a sustainable income and keep the church in local ownership and open to the public. Whilst it will no longer be a place of worship its former use will be respected, and the history

of the church and its predecessors will be recognised and celebrated. The hostel will be used by walkers and cyclists visiting the Yorkshire Dales, walking the Coast-to-Coast route and by pilgrims on the Camino Ingles. It will once again become a building full of life and with a purpose.

It's a grand vision, but it has been a long and at times frustrating journey for the trustees of Hudswell Community Charity to make this vision a reality. Nevertheless, significant milestone was reached only recently, when Hudswell Community Charity finally took ownership of the church



and adjacent land from the Church Commissioners in late July. This followed about nine months of legal procdeedings. Ownership of the asset was important for access to charitable and government funds and, whilst it is a risk for the Charity to take this step before all the necessary funds are secured, the trustees believed that it is a risk worth taking. HCC now owns the church with a narrow strip of land around it and all the land between the cemetery wall and Hudswell Lane. The cemetery, which is still very much in use, remains the responsibility of St Mary's PCC.

Community archaeological dig

The Origins of Hudswell Project arose from curiosity about the history of St Michael and All Angels Church. We knew that the current church was constructed in 1885 and that it replaced an earlier church believed to date form 1250, that had stood on the same site. We also knew that Hudswell was recorded in the Domesday Book completed in 1086, so we wondered whether there was an even earlier church on the site, dating back to Norman or even Saxon times. Fortunately for us, Hudswell has two resident professional archaeologists (Cath and Stuart Ross), who



were able to make use of Lidar (laser imaging, detection and ranging) mapping of the area which revealed a rectangular structure in the field to the immediate south of the current church and to the north of the beck. This structure did not appear on the first edition Ordnance Survey or subsequent maps indicating it predates the mid-19th century. Could this be an early medieval church? With some funding from the Heritage Lottery Fund and the Yorkshire Archaeological and Historical Society, the Charity Trustees worked with Cath and Stuart to put together the Origins of Hudswell community archaelogy project which eventually led two full days excavations of the site on the 8th and 28th July. These were attended by over 40 volunteers from the village and members of the young archaeologists' club. The results of the dig are still being analysed, but it appears that the feature we had





thought to be a structure is probably a bell pit associated with lead mining. However, many artefacts were discovered including a shard of green lead-glazed pottery which indicates that that the site is 17th or 18th century; the bowl of a clay pipe which dates to between 1610 and 1640 (the maker's mark on the foot reads IC and may indicate Isaac Cary of York as the maker): and a silver penny of Elizabeth I which can be closely dated to between December 1560 and October 1561. We hope to display the finds in the hostel once it is open!

Raising over £1 million

We have so far secured around £612,000 of the £1,100,000 we estimate is needed to complete the conversion work. This includes a major grant of £400,000 from the Shared Prosperity Fund, a government funding source administered by North Yorkshire Council. Although we have planning permission and listed building consent for the conversion work, we are currently seeking to vary this permission to allow us to install new photovoltaic slates (which look like ordinary grey slates, but actually produce electricity) on the south facing roof. Together with some batteries this should enable us to power the hostel almost entirely with solar produced electricity. We have outstanding applications to other funding sources to meet the shortfall and we have a crowd funding appeal on our website (www.daleshostel.com) which has so far raised £1,350, but we are hoping may reach £5,000 or so. If you are interested in helping us reach this target, please go to this website and make a donation.

Opening in 2024?

If we can convince our existing funders to allow us to divide the hostel construction into two phases, the first being the construction of the access road and car park and the installation services and the second being the internal alterations to the church to convert it to a hostel, we hope to begin this work towards the end of this year or in early 2024, with a view to opening the hostel for business in September 2024.

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This may turn out to be too optimistic, but whether it is next year or the year after we are determined that Hudswell Hostel @ St Michaels will be a thriving community enterprise which welcomes visitors to this corner of North Yorkshire and celebrates this history our parish church of St Michael and All Angels.

Martin Booth

PCC MEETING 19 JULY 2023

Co-Director of Music. Andrew Christer has been appointed to play for one Sunday a month, trialled until the end of the year with the fee to come out of the present Director's retainer. A 'Song Squad' Junior Choir will be run by Chris and Camilla Denton as an outreach exercise, also trialled until the end if the year.

Hudswell church. A grant of £400,000 towards the conversion of the church into a hostel has been received.

Camino walk. An inaugural Richmond to Downholme walk as part of the new Durham – Ripon – York Camino will take place on 30 Sept with the new Bishop of Ripon.

Property and grounds. *Noticeboards* are up and a *defibrillator* is in place. Funds are being sought for the *disabled access* work which will involve moving some memorial stones. The Friends have funded the survey costs. £2500 worth of *lead flashing* has been stolen from the south aisle roof, raising questions about security. The lead will be replaced on a like for like basis and a roof alarm installed. The *churchyard* is to be partially rewilded.

Mission and growth. Following up the 2023 Away Day priorities there was a discussion on children's activities at Parish Communion and in the life of the church generally. A joint appointment of a youth worker with the Methodist church is not now possible. In order to help our priority of deepening our spiritual lives a team from ReSource will run a day on 25 Nov and preach on 26.

Trinity Academy. Very good SATs results should be made widely known.







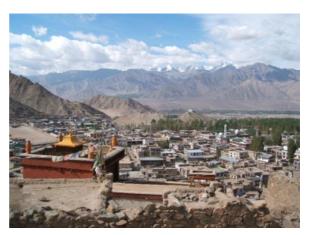
A TIME OF MY LIFE

Following the interest that was generated by **JAN BEETON**'s first article about her travels, she has kindly put fingers to keyboard to tell of a fascinating and educative visit to Ladakh.

After my first working study-tour to China in 2003, I was fortunate in being able to continue with visits to South America, much of Asia and fascinating journeys in North and South India. In 2010 a small group of us visited Ladakh, high in the Himalayas, observing health care, education and religious centres.

Cut off from the world for centuries, the region, which is under Indian authority, lies in the disputed state of Jammu and Kashmir, bordering precariously with Pakistan to the west and China to the north and east. Frequent border skirmishes mean a large military presence, out of proportion with the sparse indigenous people.





Our flight into the region was via New Delhi, which lies at approximately 800 feet above sea-level, soaring over the Great Himalayas, to land at the military airfield outside Leh, the principal town. Leh lies at 10, 500 feet, almost three times the height of Snowdon, so adapting to this altitude was interesting! Everything swells!

Unpacking our bags, we found that the roller balls on deodorants had shot off and all small bottles looked about to explode. The same thing happened with our bodies; previously comfortable clothing became tight at the waist. To offset altitude sickness, we had two very gentle days, relaxing and drinking lots of water.

Our hosts in a small family hotel were Tibetan, the grandfather and his brother having escaped from Tibet following the vicious Chinese incursion in 1959, when the Dalai Lama escaped on horseback, aged 23. In the hotel garden, beside vegetable

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plots growing the range of plants which fed us all, we were shown the stone and turf house they built and in which they raised their families The region is known as "Little Tibet" as so many settled there, bringing their culture and Tibetan form of Buddhism.

Our host and his family invited us to share breakfast with them rather than in our small refectory. We sat on cushions discussing news from Britain, India

and China with our hosts relating the horror for them of forced mixed marriages between remaining Tibetans and Chinese, a program of outbreeding. We ate delicious noodle soup with fresh sour-dough bread and preserves, accompanied by salty green tea on which floated a knob of yak butter. This took some drinking but oddly, although the taste was somewhat disgusting, our bodies, which were acclimatising to conditions, kept us going back for more.

Healthcare, being one of our main areas of interest, took us to the medical centre in Leh which practised traditional Amchi, Tibetan medicine. We heard how healthcare developed over millennia, adapting to the climatic and cultural conditions of the high plateaux, where few of the remote villages have road access and most are inaccessible for months at a time. Hospitals are largely unknown to local people. Instead the humble "amchi" (literally, practitioners in this system of holistic medicine) settle in far flung villages, accepting food and lodging in exchange for healthcare. Few would be able to access the miliary hospitals. At that time of our visit, infant mortality was approximately 19% and adult expected lifespan being in the low 60s.

We visited an ecology centre, used by schools and colleges and were surprised to see how far they had gone to attempt to use solar power to heat water, cook food and direct sunrays into the village bread oven. Equipment was very basic, using recycled materials, which villagers may have access to. Ordering materials via the internet did not exist!

Village schools, where they existed, provided a basic education under the Indian system. We visited the Lamdon Model Senior School, a fee-paying boarding school, which included many children identified as able and sponsored by their home villages, had been opened by the Lamdon Social Welfare Society in 1973 to provide a western education and facilitate the opportunities of university education. Literacy and numeracy is rising in the country. Although in the distant areas most will be

illiterate, in the Leh area literacy, in 2010, was at 62% and rising. This school, a considerable distance from the main city had variable term dates dependant upon the arrival & intensity of the snow. Pupils would be collected before the start of winter snows but if this was misjudged, they would have to stay all winter.

The monasteries provide education for many boys,

particularly in the most remote areas. We were able to visit several monasteries, arriving for one (Thiksay) at 4.45 am to observe their call to prayer over the surrounding countryside and then their morning Puja. This particular monastery was built around 1300, but many are older. Buddhism has been the principal religion of the Ladakh region since the sixth century AD, although the proportion of Muslims in the West, alongside the Pakistan border, is growing. There are a small number of Hindus but no recognisable number of Christians. (Oddly we heard the folklore of Joseph and Jesus having visited the region, which had trade routes (reminiscent of the Glastonbury stories.)

As the sun rose over the mountains, two monks sounded the call to prayer from the roof of the monastery. Facing in each direction, North, South, West and East, they blew into four different types of horn or conch, changing headdress each time. We could see people coming up from the adjacent farmland to join the following Puja.



This service lasted a couple of hours while monks chanted from texts, bells were rung,

drums and tabors sounded. Partway through the service, the monks were given a sort or rice porridge and hot water. We too were given a handful of rice, directly into our hands from the non-too clean hands of a young monk. With Western sensi-



bilities, we chose to hold on to these offerings until we could place them on the shrine outside!

When we had first left Leh to travel further North, we used the highest motorable road in the world, finally completed in the 1970s with significant loss of life in its construction. Not all our travel was by jeep, however. In one

remote valley, we had to leave the comfort of the vehicles to travel for a day by camel to our campsite. My previous experience of camels was not good; I thought them to be spitting creatures who tended to bite. However, I'd not given credence to the love and care Buddhists give to their animals. These were lovely, gentle creatures who seemed to enjoy me whispering sweet nothings to them as we went along.



At our next campsite, as usual with no electricity apart from a light in the toilet block powered for a few hours by generators, we tended to sit around campfires at night with our guides and drivers. The sky was unbelievably bright with myriads of stars, not seen in our light-polluted environment. It became our nighttime entertainment to sing to each other, us with English folk songs and the Ladakhians with their village songs. One night we taught them children's songs such as Head, shoulders, knees & toes, which they liked but the star song was the Hokey Cokey which we then had to repeat each night.

On journeys we often have magical moments or make unexpected friends which last for years. Our local guide, Tsering Tundup, had been sitting next to me on one long journey when I'd remarked about his beautiful use of English. It turned out that he'd studied English literature at Delhi university, so we then chatted about all sorts of authors for hours, with a shared love of Chaucer. A few days later he appeared outside my tent with some battered pages from *The Canterbury Tales* asking if he could read to me so that I could check his pronunciation. To sit in such a remote part of this planet explaining the development of medieval English into modern pronunciation takes some beating! My A-level teacher would have been amazed too. We remain Facebook friends.



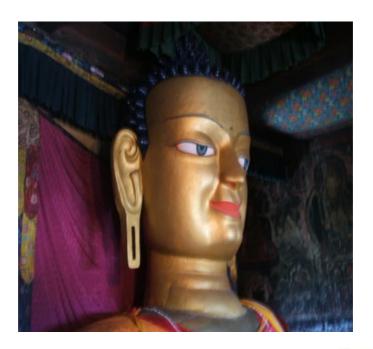
At our final monastery there was a similar moment. I'd been walking around the grounds when I'd seen a monk at a prayer wheel and asked him questions about the different forms, large single ones, or rows of smaller cylinders, how they prayed etc. I asked if I could take his photograph, to which he replied that I could as long as he could have a copy. He explained that he was on a pilgrimage from Southern India, so I

gave him a piece of paper with my email address. We agreed that if I heard from him, I'd then have his address to send the photograph. I didn't think this would happen but several months later I had an email which I could then use. It turned out that he was the Lama of a large monastery, who surprised me by sending me greetings at Christmas for several years.



There is much of the journey which I've not described, but you might enjoy this last image (above) of a flock seen in a distant valley. I wonder if they fret about sorting out this lot of sheep and goats!

Jaw Beeton







GRAND DAYS OUT

Sometimes the best days out are the ones which aren't intended—at least that's what your editor and his wife often find. To find this grand day out, we got lost—or at least put our trust into a sat nav too swiftly without checking.

IS THIS REALLY WYNYARD? IT SAYS 'THORPE THEWLES'

Having heard very good reports of Wynyard Hall Walled gardens – both the gardens and the adjacent café – we loaded the details into the trusted sat nav and set off from Richmond. Half an hour later, we pulled into what

seemed to be a temporary car park and faced by an old and uncared-for railway carriage, whose tired maroon colour was capped by green moss. It didn't take long to decide that we'd come to the wrong place and agreed to have a quick five-minute look around before re-setting the sat nav. Over three hours later, we rejoined our car to seek out the Wynyard Hall Walled Garden!



Although the Wynyard Woodland Park was not our planned destination, it proved to be a most interesting and enjoyable visit. First of all, it's free! Yes, even the car park is free. Setting off from the car park, we went through what looked like the decayed walled partitions of a railway coal yard and up some steps onto the platform of the disused Thorpe Thewles railway station.

As in Richmond, no railway line here but a well-maintained, light grey pathway which signposts revealed offered footpath and cycleway access to Stockton 5 miles away in one direction and Sunderland, 20 miles further north. The Victorian-built brick station building contains a café (sadly closed on Mondays!) and the rooms are used as offices and for community booking. On the opposite side of the building was a spoon-making workshop being







enjoyed by a small group of enthusiasts.

Vicky, the site manager, enthusiastically described what was on offer at the station and where the former track bed (now part of the Sustrans cycle network) could take us.

So we set off walking south, passing a building on the right containing an astronomical telescope and on the left a planetarium which opens again in September. Down a gentle slope took us past a fascinating metal sculpture





which looked like extremely large kitchen utensils. This was what Vicky described as a 'celestial kitchen'. The accompanying information panel suggested placing a torch inside the colander at dusk, whose backlit holes would reveal the constellations in the night sky. Lining up the holes in the handles in two giant spoons would draw the eye to the North Star – Polaris

A couple of cut grass tracks led off the main pathway into the woodland, but we stayed with the path which took us into the outskirts of the village of Thorpe Thewles. We made a detour into the historic village church and rejoined the track to head north to the Station.

The walk back revealed that the car park we had assumed was quite small in fact extended into several much larger spaces, so clearly it is a popular venue. More importantly, there was a very large and well-maintained children's playground with areas catering for different age groups – from small swings and seesaws to two extensive climbing frames and a large tower with slides of varying heights coming off it.



19

Making a mental note to bring the grandchildren here (remember – it's free!), we passed the station building and headed through a wooded cutting with banked woodlands on one side and also some steep slopes downwards on the other side. Walking was easy underfoot, a gentle slope and well surfaced.

Passing under the second of three overhead bridges, we noted a marked path going off into the woodland on the right which we resolved to investigate on our return journey. Passing or being passed by cyclists, dog walkers and child minders with their charges, we passed under the third viaduct which had a rather curious echo underneath it



The path stretches ahead northwards—for miles!

and a meadowland footpath detour to the left which we decided to leave for another visit.

The tree canopy rooted in the embankment provided dappled sunlight as weturned and headed back towards the car park. The detour we saw on the way out beckoned and we headed off the main track to the left, into the woodland with earth paths and easy steps taking us first up the hill past woodland flowers and shrubs and then down again into a gulley with a small stream leading to a pond. Down some steps again beside the first viaduct we had walked under brought us back onto the main track. Up onto the former platform revealed a

Sensory Garden

fenced sensory garden with bird boxes, a bug hotel, seats and wild flowers.

Back at the car once more, we fell into conversation with a man who lived in the area and had taken it upon himself to install and top up a number of bird feeders on a regular basis. These are visited by many woodland birds, including woodpeckers.

So there you have it! An excellent use of a former railway track offering something to nature lovers, bird watchers, observers of the night sky, walkers, cyclists, dog walkers, parents with

prams, wheelchair users, and safe, quiet, easy walking through flourishing woodland.

Oh, and we did find the Wynyard Hall café eventually – also excellent and offering a good range of drinks and food for vegetarians – only 3 or 4 miles away, providing sustenance after a walk which we could have extended or shortened – but, on the occasion of our particular visit, gave us five miles of exercise. And the walled gardens? Well, they can wait for another day.

Destination: Wynyard Woodland Park

Address: Station House Visitor Centre, Wynyard, Thorpe Thewles, Stockton-

on-Tees TS21 3JG.

Directions: A1(M) north to A689 Junction. Turn right. At Sedgefield take the

A177 towards Stockton. Look out for brown signs to Wynyard

Woodland Park

Travel time from Richmond: c 25-30 mins

Parking: ample and free

Toilets: on site

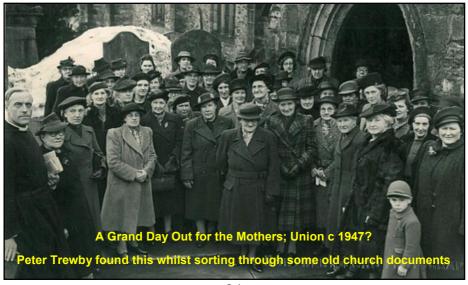
Café: In station building (10.00 – 3.30 everyday (except Mondays during school

term times)

Dog Friendly: Yes Cycle Path Yes Wheelchair accessible: Yes

Website: www.stockton.gov.uk/article/9614/Wynyard-Woodland-Park

Jim Jack



NOTES FROM OUR PAST

Many readers will have seen productions at our historic Georgian theatre in the past, whilst a clutch of Summer visitors will have availed themselves of the opportunity to book onto one of the excellent guided tours run by volunteers at the theatre. As a grade 1 listed theatre built in 1788, it is the oldest working theatre in its original form in the country

JANE HATCHER tells us more about Tryphosa Brockell, key figure in the establishment of this well-loved local landmark, who is buried in St Mary's churchyard.

Early in the Georgian period, a young clergyman in Nottinghamshire, Revd Christopher Brockell, and his wife Jane, had six children. Two of their daughters were given very unusual Christian names. One was baptized Tryphena in 1728, and the other, in 1729, was called Tryphosa. Both these names are found in the Bible, in the book of Romans, among a list of early Christians, and they are addressed thus: "Salute Tryphena and Tryphosa, who labour in the Lord."

Both forenames were popular with contemporary Romans, as Tryphena meant 'delicate', and Tryphosa 'dainty'. Tryphena, and all the other babies except Tryphosa, died at or soon after birth, but Tryphosa was to have an amazing life which ended in Richmond 70 years later, and she was buried here in St Mary's churchyard.

Tryphosa's long life was not, sadly, a bed of roses. Not only did her siblings die in infancy, but her mother died giving birth to a son in 1732, when Tryphosa was only three years old. Her father Christopher remarried eight months later, and his second wife had two babies, but they too died in infancy. Then Christopher died at the age of 39, leaving Tryphosa an orphan at the tender age of seven.

Little Tryphosa was now despatched to live with her paternal grandfather Revd William Brockell in Barnard Castle. Perhaps he and his wife Jane did not welcome such an upheaval to their household, and maybe Tryphosa developed into a rebellious teenager. Whatever the domestic scene, after the death of Jane late in September 1744, the elderly clergyman, only six weeks later on 14 November, somewhat secretly married his servant girl in Easby Church.

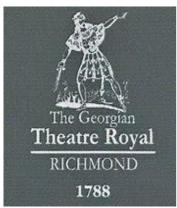


Springtime at St Agatha's Church, Easby (Photo: John Carter)

According to family tradition, Tryphosa now ran away and joined a company of travelling players. Among their number was a young actor called Henry Miller, and Henry and Tryphosa got married. They had two daughters, Jane and Katherine, but tragedy struck when Henry died.

Before long Tryphosa remarried. Her second husband, Francis Jones Wright, was the manager of the company, and they had a son, James Brockell Wright, who also became an actor. Then Francis Wright also died, and it seems that Tryphosa took over running the troupe.

Undeterred by the slings and arrows that life had thrown at her, Tryphosa married again. Inevitably perhaps it was to another actor, Samuel Butler. They married in 1772. She was by now in her 40s, he was in his early 20s. Despite the rather surprising age difference, it seems to have been the start of the most stable period of Tryphosa's life.



Their successful partnership would bring about a profound development in Richmond's history, the effect of which is still with us today. For, after Samuel Butler had taken over as actor-manager of the company of players, he would eventually build up the circuit of seven northern theatres which included that in Richmond. And so through the partnership of Tryphosa and Samuel Butler, we in Richmond today can enjoy our Georgian Theatre Royal which survives, despite many vicissitudes, as the country's best-preserved provincial Georgian playhouse.

At this time, many companies of players were family affairs, and that certainly applied to what became known as the Butler Company. It was fortunate to have Tryphosa as its matriarch, for the support of relatives must have been a great boon when bringing up children while moving from place to place. Sometimes mothers had to be left behind to recover from childbirth while the rest of the troupe moved on to their next booking.

Tryphosa's younger daughter Katherine married the actor William Tayleure, and Richmond's parish registers indicate that several of that couple's children were born while the Company was performing here. Richmond played an even greater part in the lives of her elder daughter, Jane, and her husband, Fielding Wallis. Their two oldest children were born here— in 1774, Jane (who would become the celebrated actress 'Miss Wallis of Bath'), and in 1775, Margaret, who in 1796 would marry the Richmond schoolmaster James Tate.



Portrait of Jane Tryphosa Wallis in the character of Juliet (painted by John Graham)

Sadly, sorrow would follow in due course, for Fielding Wallis's wife Jane died following the birth in Richmond of their eighth child in 1785. The baby, a son, named Wedderburn Lanphier Wallis, survived, but the loss of the mother left Fielding Wallis a widower with a large young family to cope with alone, and an itinerant lifestyle as well.

He never got over the fact that his wife Jane had died in Richmond and it is said that he vowed never again to act with the Company whenever it was performing in Richmond. He had an elaborate tomb built over Jane's grave, near the west end of the church, and on it was inscribed an 8-line epitaph extolling her virtues. We know this because it was described by the Richmond historian, Christopher Clarkson, in 1821.

It was also in Richmond that Tryphosa Butler

breathed her last, in 1797, and she was buried beside the west wall of the church-yard. Her tombstone is still there, but most of its inscription has been for many years too weathered to decipher. Her third husband, Samuel Butler, was not buried with her, for he died in Beverley in 1812, where a wall monument commemorates him in St Mary's Church there.

Fielding Wallis himself also died away from Richmond, in Kirkby Stephen in 1817. James Tate, Richmond's eminent headmaster, who was very fond of his father-in-law, arranged for the body to be brought back to Richmond – no mean feat in pre-railway days – in order to be buried in his wife's grave. And a biblical inscription, also quoted by Clarkson, to Fielding Wallis, was added to the tombstone by his distinguished actress daughter Jane Wallis.

The inscriptions quoted by Clarkson do not survive, but there is a stone to Jane and Fielding Wallis near the tower. The original one seems to have been replaced when another of their daughters, Eleanor Wallis, was buried in their grave in July 1842. Unmarried, she had lived with her sister, Margaret, and James Tate, helping to look after their large family and the school boarders who resided with them in Swale House. She remained in Richmond after the Tates moved to London when James was appointed a Canon of St Paul's Cathedral in 1833.

The tomb, commemorating Jane, Fielding and Eleanor Wallis, was one of several which had to be disturbed when the Choir Vestry was built onto St Mary's in 1903

Their inscribed stone was re-set alongside the tarmac path beside the tower, and sadly it has been repeatedly damaged by vehicles using that path. It is now likely to be re-located yet again, hopefully to a more peaceful spot, as part of the proposed improved disabled access to St Mary's.

Jane Hatcher

-00000-

THE GEORGIAN THEATRE ROYAL— A RICHMOND TREASURE

Built in 1788 by Tryphosa's third husband, Samuel Butler, the Georgian Theatre Royal, is the oldest working theatre in Britain which is still in its original form. As a result, it is Britain's most complete Georgian playhouse. Its Grade I listed building is due to it being 'a building of special architectural or historical interest',



Its design and layout is said to be typical of an 18th century country playhouse. Its early popularity, when there could be raucous audiences of 400 had declined by 1830, so that by 1848, it was mainly used as an auction room with additional wine vaults constructed in the theatre pit. Its rediscovery as a theatre took place in the 1940s but it was 1960 before a public appeal to restore it to its original use began. It re-opened in 1963 with a seating capacity of just over 200, adding a small theatre museum, the first in the country, in 1979. It holds a unique collection of documents showing how the themes of entertainment changed over the period of the Napoleonic Wars and beyond. There is a piece of 19th century scenery known as the Woodland Scene which is Britain's oldest known set of scenery.

Grants and donations over recent years has enabled the Trust which owns the theatre to extend the buildings. A 2002-3 refurbishment included a new, more authentic decorative colour scheme based on extensive research, re-instatement of stage machinery and simulated candle lustres. A new extension created a box office, a third dressing room, bars and foyers.

Later, the Paul Iles Centre opened supporting youth theatre. More recently a major refurbishment of the theatre itself with new, more comfortable seating (reducing capacity to 154) improved lighting, heating and air conditioning which made excellent use of the potentially damaging time of closure due to COVID.

It is an intimate venue but, as many will know, this smallness of size limits the size and type of production which can be staged. Nevertheless, the annual pantomime consistently wins excellent reviews from a national theatre critics. Truly a real treasure.

COMMUNITY NEWS

Support your local theatre—get knitting

In the words of a local folk song—'Swaledale knitters are fast and skilful'. But have you got the skills? The nationally acclaimed Georgian Theatre annual pantomime is continuing its tradition of having knitted or crocheted items as part of the show to throw at the actors and launched its annual appeal for help in August.

This year's production, 'Rapunzel', written and directed again by theatre manager

Clare Allen, may rule out the follicly challenged for the leading role but hinges round the dame, Mrs Spud, who owns a vegetarian café—so its knitted vegetables which are required this year. You can free knit or use one of the patterns provided on the Georgian Theatre Royal website or collectable from the Box Office. Since this idea first surfaced in 2011, the network of knitters has spread across the UK and indeed to foreign parts too. All that the theatre asks is that your offerings are delivered to



the theatre by 25 November—and presumably have a use by date of at least 7 January when the production ends?

Full details on Georgian Theatre website—www.georgianheatreroyal.co.uk/news

Supporting local businesses

August brought some more disturbing news to our area when no less than four locally run businesses announced that they were having to close their doors due to financial pressure associated with rising costs. As prices rise, it is natural for us to go looking for the absolute cheapest price for much of what we consume—often a matter of real need but in some cases a matter of choice.

It is perhaps worth remembering that the owners of local businesses have a need for local profit from which they can draw the means they need to support their own families . Our curate, Revd Paul, has often stressed the desirability of supporting these independents for their survival in the short run, but also in the long run for everyone is poorer through their absence.

This magazine always carries a reminder of how and what we can give to food-banks; from next month, we will also seek to feature one local independent each month to give us an insight into the real problems facing them currently. In the mean time, can we consider how much we 'shop local' and those who serve us?

Christian Aid Coffee Morning— Saturday 9th September

No Friends of St Mary's Coffee morning this month—we'd like to support the Christian Aid Town Hall Coffee Morning between 9.00 and 12.00 on Saturday 9th September.

Although Judith has officially stepped down from her voluntary role as Richmond Co-Ordinator of Christian Aid, she does not want to see this pre-booked opportunity to support Christian Aid through local effort pass us by—but she does need help. If you can give some time to assist for part of this morning, please contact Judith on 10748 824656 or 07425 566566. The usual tombola stall will be running with Sarah Scrafton running



it so any donations for the stall can be delivered to Sarah (24 Pilmoor Close) or Judith (7 Gallowfields Road).

First Fruits of the Harvest—Saturday 16th September

This ancient custom involves the presentation of a sackful of newly-threshed corn to the Mayor of Richmond by a local farmer. The Mayor hands this over to a miller, who examines the corn. When he passes favourable judgement on its quality, the Mayor presents the farmer with a bottle of wine. Other bottles are opened and bystanders are invited to join in a toast to the good harvest.

This annual ceremony links Richmond with its medieval origins, when the people

were dependent on the success of each year's harvest. Corn was grown on the three great open fields to the north of the town: Westfield, Gallowfield and Eastfield.

Why not be part of this annual tradition? It starts at 10.30 a.m. and lasts no more than an hour—with the opportunity of a free glass to join the toast. Oh, and as the presentation of awards to winners of the annual allotment holders competition for best allotment of 2023 takes place, look out for familiar names from our own midst. I say no more! (only that it's not me because I don't have an allotment and struggle to grow toenails!)



2021 Ceremony with our own Revd Martin Fletcher (not an allotment holder) apparently the only person without a glass in his hand..

Bad luck, Martin!

Station Singers Back On Track

Our friends in the Station Singers return to action after their Summer Break with practices starting in the week commencing 11th September.



For those who do not know of this well supported and enjoyable

organization (a number of congregation members already sing in one of the groups) the Station Singers comprise three community choirs under the musical direction of Carol Gedye. Each choir rehearses once a week, leading to a performance in St Mary's Church, this year on Saturday 9th Dec. 2023. aiding Richmond Refugee Support Group.

This term , the theme of the Christmas concert (where all three choirs come together) will be 'Christmas Carolling around Europe'. If you want to join one of the groups, there is no audition—it's singing for fun! Sessions are Wednesdays at 9.30 or 11.00 a.m at the Station, Thursdays at 8.00 p.m. at the Town Hall. Just turn up for a free taster session on Wednesday 13th , or Thursday 14th at the relevant time. A term's membership costs £72, but there is also financial assistance if needed to keep this cost down. www.richmondstationsingers.co.uk for more details.

Good News from Trinity Academy

The C of E primary school ended the Summer term with the year 6 children earning notable results in the end of KS2 tests. The school's end of year letter to parents and carers tells of outcomes in reading and maths being above national average, the Maths strikingly so. When figures for Reading, Writing and Maths are combined (as they are officially at national level), at Trinity they were 12% above national averages. No less than



20% were above national figures when comparing combined Grammar, Punctuation and Spelling outcomes with the national average. The children, parents and staff should all be complimented on the work they have done.

The school continues to give the high levels of spiritual, moral and cultural leader-ship and care noted in the most recent diocesan inspection. Trinity Academy continues to be in our prayers and I'm sure that our Foundation Governors will be feeling that the return to school in September will see a continuation of the dedicated work being done by all of the staff at the school, giving families continued assurance of individual progress and nurture, whilst making learning enjoyable and school in general being an enjoyable and safe place to be.

JEJ

POETRY FROM DOWNHOLME

GEORGE ALDERSON has been quite prolific in his writing recently. Inspired by the imminent arrival of a baby going to Downholme Church one Sunday in August, George was moved to pen 'Child of Christ' below.

George says, 'It has given me a little kick to think it's her first step in walking with us even before she takes her first physical step. Furthermore, it has made me remember how we are all children of God and some of us may need a refresher course in our discipleship, regardless of vintage!'

Child of Christ

There's more to being a Christian child than kneeling down in church, For there's always work to do, you'll find it if you search.

Our Saviour went to synagogue to give his thanks and praise. Of course, we ought to follow suit, not give in to malaise.

But when we leave, we should look round as we vacate the pew And listen out for calls for help, and think, 'What can I do.'

Perhaps we could roll up our sleeves to do a certain job, And not concern ourselves with time which dangles from a fob!

There may be need to lend an ear if there is some concern; We have no cause to wag the tongue, but listen and so learn.

When we have done each little task, then we can speak to God And, as we say 'Amen' to Him, we smile and gently nod;

For we are ready and renewed to move on to the task That someone else may ask of us, not hide behind a mask,

Pretending we're invisible in hope we'll be ignored - That's not, be any means, the way that we should serve the Lord.

Imagine when we needed Him, because of doubt or fear, And He had promised that He'd come—but yet was insincere.

So, if you are a Christian Child, no matter what your age, Remember what the scriptures teach—advice on every page-

And grow in your discipleship until you're called above By doing all you're called to do with eagerness and love.

THREE DADS WALKING

One of the powerful 'positives' of television is its value in drawing the nation's attention to difficulties and traumas which hit the lives of those who live through them, but for a number of reasons, ranging from rarity through lack of proximity to embarrassment, rarely become matters of general concern.

Such was the case with suicide in the young when three fathers whose daughters inexplicably took their own lives (having navigated their individual ways through childhood and teenage years with no apparent difficulty) were brought together to become the 3 Dads Walking.

The issue of suicide in the young was distressingly and forcibly brought home to CHRISTINE PORTER and her family when a 29 year old woman, known to them all, took her own life. Here, Christine reminds us of the charitable campaign which arose out of the common heartache of three bereft families

Suicide is the biggest killer of young people under the age of 35 in the UK, and the North-East has one of the highest suicide rates in the country. Between lockdowns on 2 September 2021, a 29-year old woman in Stokesley committed suicide. N had been a brilliant musician: singing, teaching and playing a number of instruments

including piano, cello, accordion and melodeon. She taught locally and at a Kodaly project in Middlesbrough primary schools, sharing her music with children and adults alike. She had also run community classes for Musinc, Middlesbrough Asylum Project and Middlesbrough Town Hall. Her charity work had taken her abroad, most notably as one of the original founders of The Source of Light Nursery and Primary School in Mubende, Children at the Source of Light Nursery & Uganda.



Primary School, Uganda

By coincidence, the month after N's tragic death, three dads who had all lost their daughters to suicide decided to do a charity walk for Papyrus (Parents' Association for the Prevention of Young Suicide), to raise awareness of suicide being the biggest killer of under-35s. They only learned this terrifying fact because each had lost a daughter to suicide within the last three years. Mike Palmer, from Greater Manchester, Andy Airey from Cumbria and Tim Owen, from Norfolk, who became known as 3 Dads Walking, undertook the fundraising in memory of their daughters Beth

(17), Sophie (29), and Emily (19). Mike, Andy and Tim were leading different lives in different parts of the country and would probably never have met had they not been brought together by the tragedy and trauma of suicide which has shattered their lives and the lives of those around them.



The 3 Dads Walking—Andy Airey, Tim Owen and Mike Palmer

Starting at Andy's home in Cumbria on Saturday 9 October 2021, their initial fundraising efforts saw them walk 300 miles between their three homes. by linking their three homes and telling their three daughters' very different stories, they hoped that they could put a spotlight on young mental health and ultimately the brutal effects of suicide. They also wanted to highlight the help Papyrus can offer across the UK. Papyrus aims to reduce the number of young people who take their own lives by breaking down the stigma around suicide and equipping people with the skills to recognise and respond to suicidal behaviour.

In 2022, the three Dads did another 600-mile walk between all four UK parliaments, in a bid to make suicide prevention a compulsory part of the school curriculum. They secured over 160,000 signatures on a petition for the government to review and won a Pride of Britain Special Recognition award in 2022, having garnered nation-wide media coverage and the support of celebrities such as Daniel Craig, Nicole Kidman and Lou Macari. Their walk between parliaments was described by Mr Airey as "a long journey but worth every single step".

Their walks had significantly more impact than they could ever have imagined.



Their initial target was to raise £3,000 each for Papyrus. In total for the charity. Commenting on Palmer said: "We set out hoping to raise a few thousand pounds

each. We then raised our target as the generous donations came in. All we can say is that we have been completely overwhelmed by public kindness and generosity. Thank you to every single person who has supported us and continues to support us." Mr Owen added: "We need to do something positive in our daughters' memory and hopefully that's what we're doing. I'm not saying we've done it- because we're still doing it, and we'll keep on going until it's done."

Papyrus chief executive Ged Flynn said: "The 3 Dads Walking have captured the nation's hearts. In these days of financial uncertainty, people have dug deep to support



Ged Flynn, Chief **Executive, Papyrus**

them in their efforts to raise much-needed funding for our charity. They have refused to see young suicide as inevitable, and have shared real passion for our young people and given them new hope. Together they have helped to save young lives." He added: "The landscape of suicide awareness has been changed".

Papyrus accelerated its plans to provide their telephone service HOPELINEUK as a round the clock service, and it brought forward the opening of more offices to give better nationwide coverage. With the extra funding Papyrus is now able to give more people training in suicide awareness

and suicide prevention. In short, more lives will now be saved.

More importantly the high profile that Papyrus unexpectedly gained has encouraged people across the UK to talk openly about suicide and suicide prevention. Many people now reach out to Papyrus for help and training, mentioning 3 Dads Walking. Parents have also thanked the three Dads because seeing them on the walk and listening to their stories allowed them to have safe conversations with their children about suicide and mental health issues. Talking is how lives are saved because suicide is preventable. As a society, as parents and children, we need to be talking about it, even if you don't think it affects you. Wherever we live in the UK, suicide is a tragic part of so many people's lives.

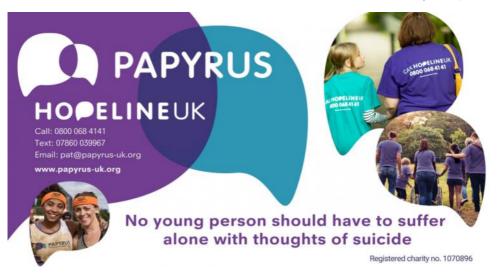
Mike Palmer has said: "3 Dads Walking is not a club I wanted to belong to, but along

with Andy and Tim it gave us, as fathers, an opportunity to fight back and maybe make a difference. We are all too aware that there are more young people out there falling into despair and see no way out other than to end their own precious lives".

Three Dads Walking: 300 Miles of Hope will be published in hardback, e-book and audio in May 2024. The three Dads said in a joint statement: "We didn't choose this route. The suicide of our daughters sent our lives on completely unexpected trajectories; however, as we have walked we have realised that talking about our girls and our experiences has helped many other families to avoid suffering the same fate as us. Talking about suicide prevention saves lives and in publishing our story we want to continue to spread our message of hope."

Meanwhile here in the North-East, in mid-September 2021, opening the first rehearsal of the Cleveland Philharmonic Choir since lockdown, the conductor fought back tears as he mentioned N's recent suicide in Stokesley and the irreplaceable loss to local music. My husband, son and I were choir members at the time. Soon afterwards our son said: "I feel guilty about N. I wish I could've done something to help. But I never knew she needed help." N had been our son's next-door neighbour.

Christine Porter



Link:For practical, confidential suicide prevention help and advice please contact PAPYRUS HOPELINE247 on 0800 068 4141, text 07860 039967 or email pat@papyrus-uk.org

FRIENDS OF ST MARY'S

In spite of the weather, there was a good social turnout for the barbecue on a rather wet Saturday in July. Eating and games were moved into the church whist John Challis and Paul Sunderland gamely cooked under gazebos in the rain. Thanks to your support, we still raised over £300 towards project funds but, just as importantly, had a thoroughly pleasant afternoon.

The funds now stand at over £10,000, having already paid for a chunk of expenses of getting plans for the accessibility changes and new noticeboards and a new set of stepladders for use in the church (changing bulbs etc.).

The main September event is **another quiz in the Town Hall**, open to the whole community. This is in response to requests for a summer repeat after the excellent February quiz. So, it's **Saturday 30th September at 7.00 p.m.** in the Town Hall with supper, bar and cash prizes. **Tickets (£10 each—includes supper)** are available from committee members in church or via Castle Hill Books. 100 available.

Other events in Church at which the Friends will be providing refreshments:

11 September: 'Love, Hope and Supporting Dementia' presented by Dementia Forward. A very useful and informative hour to raise awareness of how we can best support those with dementia. See pew sheet for start time

Friday 15 September: 8.00 p.m. 'Blues in the Pews' Another cracking good musical evening with guest artists, resident band and bar. Tickets from Castle Hill Books

Saturday 16 September: Heart of England; church booked for a concert—no further information available at the time of going to press.

Friday 29 September @7.00 p.m. Welcome return of our local Army Band with a rousing and varied concert of wind band music. Always a fine occasion. Free entry—retiring collection in aid of Church funds.

Saturday 30 September @ 7.00 p.m. QUIZ Night—see above

Saturday 14 October @ 7.00 p.m.—Advance Notice—back by popular demand. Another **Wine tasting Evening with Dr Jamie Harison**. £10 per head including wine and nibbles. Limited number of tickets which will be on sale nearer the time at ST Mary's or Castle Hill Books. Proceeds to Friends of St Mary's. All welcome so please spread the word; come to learn and enjoy!

FOR ALL THE SAINTS

Whilst the names of such northern saints as Aidan, Bede, Cuthbert, Hilda, Caedmon and Oswald are fairly well known, there are others who went about similar work who are less celebrated. One such is St Ceolfrith, also known as Ceolfrid and subsequently St Geoffrey, who, as CHRISTINE PORTER tells us, was highly influential in the North in his seventy plus years on earth.

St Arsenios (1800-1877), the patron saint of the Greek island of Paros made this

prophecy: "The Church in the British Isles will only begin to grow again when She begins again to venerate Her own Saints."

In the North of England alone, we've had dozens of saints - Wikipedia lists over 60. But how many do we venerate or are aware of? Some names are better known than others, such as Aidan of Lindisfarne, Bede, Cuthbert, Caedmon, Hilda, and Oswald. Some of us have often visited the Lake District. But did you know that Derwentwater has its own Saint Herbert who lived on the small St Herbert's Island, and whose friendship with St Cuthbert is explored in a poem by William Wordsworth? I certainly never knew that.



Another saint who ought to be much better known is Saint Ceolfrith, whose feast day falls on September 25th.

Ceolfrith was an Anglo-Saxon nobleman, born around 642, who became a Benedictine Abbot. He had strong family connections to monastic life through his brother Cynefrith and cousin Tunbert, first Abbot of Hexham. Aged eighteen, Ceolfrith joined his brother at the monastery of Gilling Abbey (hundreds of years before nearby Richemont/Richmond was settled). Ceolfrith is described as having "behaved of the greater devotion, giving his mind continually to reading, to labour, and monastic discipline".

After four years, Ceolfrith left Gilling as he "sought a monastery of a stricter character". He moved to Ripon, where Wilfrid of York had introduced the Benedictine rule. After ten years of study and preparation he was ordained priest by St. Wilfrid and became novice-master. He was noted for his profound humility and love of menial work.

Meanwhile Benedict Biscop, an Anglo-Saxon abbot, had received a land grant from the King of Northumbria to found a monastery at Wearmouth, and later another at Jarrow. During the Wearmouth construction Benedict sought out Ceolfrith to become his assistant. Benedict appointed Abbot Eosterwini at Wearmouth and, when Jarrow was completed, Ceolfrith became the Abbot there. Benedict and Ceolfrith became close friends, and when Benedict visited Rome for the last time, he chose only Ceolfrith to accompany him. Ceolfrith used the trip as an opportunity to

explore his role at Jarrow, feeling that Rome would be an appropriate place to learn his position's responsibilities. Twelve years later, on the death of Abbot Eosterwini, Ceolfrith was appointed as sole Abbot for both the Wearmouth and Jarrow monasteries, an honour never heard of before.

Ceolfrith was also renowned for becoming the ward of seven year old Bede, who later became Ceolfrith's pupil and friend - and eventually a notable Northern saint himself. During Ceolfrith's early years at the



Ancient Church at (Monk)Wearmouth

twin monasteries, the plague struck Northumbria in 686, ravaging most of the countryside. Ceolfrith and Bede appeared to have remained untouched by the epidemic, even though it killed almost all of the monks. Ceolfrith and Bede selflessly took on the duties of caring for the infected and dying monks of both monasteries. They also worked together to preach regular sermons when fear had gripped the population.

In the decades following the plague, master and pupil began the arduous task of building up the monastic community again. For nearly twenty-seven years Ceolfrith ruled over Wearmouth and Jarrow. During that time the community grew to nearly six hundred brethren in the two monasteries, each of which had two churches. Ceolfrith also built several oratories and increased the number of the vessels and ornaments of the churches.

The libraries of the twin monasteries, which Abbot Benedict had so actively overseen until his death in 690, became extensive and doubled in size under Ceolfrith's stewardship. Around the year 700, as part of the project to expand the libraries, Ceolfrith set about creating three copies of the complete bible - two for the respective churches of Wearmouth and Jarrow and one as a gift for Pope Gregory II. This bible is known as the Codex Amiatinus and is the best and oldest text which we have of St Jerome's Vulgate bible.

In the fourth century Jerome had aimed to create a Latin translation of the Bible that the church could confidently say preserved the original Scriptures. Jerome had





Codex Amiatinus

worked from ancient Greek manuscripts, the original Hebrew, Aramaic texts, and existing Latin translations. Ceolfrith's copies of the Vulgate, his Codex Amiatinus, are described as brilliant displays of the beauty that is Early British, Pre-Carolingian calligraphy. Of the three copies produced under Ceolfrith, only the Pope's copy survives. Today it is held in the Laurentian Library in Florence, the oldest complete Vulgate bible in the world.

Ceolfrith apparently knew that he was coming to the end of his life. In June 716, with increasing age and infirmity, he resigned his office and announced that he intended to sard pundaeur genryf mean norme intropometh lines achydd beynae pfeiritygr gyddiffer yn gyddiffer yn gyddiffer yn y differ yn achonawegod urspru d deorithiol dei menwy differ yn ar yn differ yn ac federau ar y barthyf cheffyn ac yn ar y differ yn ac federau ar y farfarf y differ yn ac federau ar y farfarf y farfarf yn ac federau ar y farfarf y farfarf y differ yn ac federau ar yn ar y differ yn ac yn ar yn ar y differ yn ar yn ar yn ar y differ yn ar y differ yn ac yn ar yn ar yn ar y differ yn ac yn ar yn ar yn ar y differ yn ar yn ar yn ar y differ yn ar yn y differ yn ar yn yn ar yn yn ar y

go to Rome, to deliver the Codex Amiatinus Bible to Pope Gregory II and to die there.

The brethren begged him on their knees not to leave them, but he remained firm in his determination. Early in the morning of Thursday 4 June, all received the Holy Eucharist in the churches of St. Mary and St. Peter at Wearmouth, and the Abbot prepared for his journey. Having prayed before the altar in St. Peter's, he blessed and censed the assembled monks. Singing the Litany, their voices choked with tears, they went into the oratory of St. Lawrence, and there Ceolfrith bade them farewell, giving them his pardon for all transgressions, and asking their forgiveness and prayers for himself. Then they all went down to the riverside, and the brethren knelt round him weeping, while he prayed and gave them the kiss of peace. The deacons of the church, carrying lighted tapers and a golden cross, entered a boat with him. He crossed the river, knelt in adoration before the cross, mounted his horse and rode away to the coast where he embarked for France on Whitsunday 7 June.

Ceolfrith never reached Rome. He made it as far as Langres in Burgundy, where he died on 25 September 716, aged seventy-four. He was buried there, but his relics were eventually transferred to Jarrow and later, in the time of the Danish invasions,

to Glastonbury. All that remains today of Ceolfrith's twin monasteries are some ruins. But their names live on with the place names Monkwearmouth and Jarrow, also with the Diocese of Jarrow, one of whose bishops (2002-7) was our St Mary's bishop, Bishop John.

St Arsenios's prophecy with which we began was taken from the website of the Orthodox Christian Faith and Life, featuring St Martin of Tours'



Artist's impression of the layout of the twin monasteries—St Peter's and St Paul's © Historic England

Church in Lancaster, a multinational church attended by Greeks, Cypriots, Romanians and Russians as well as English: https://orthodoxcityhermit.com/tag/saint-arsenios-of-paros-prophecy-for-great-britain

Interestingly, in the website we read that this Orthodox church made a recent pil-grimage to St Herbert's Island, Derwentwater. We also find a thought-provoking

caption to a photograph:

"Sunday of the Orthodoxy and St. Cuthbert's Day', one of England's most beloved Wonderworking saints <u>once greatly vener-</u> <u>ated here</u> — Sancte Cutbertus ora pro nobis!" (my underlining).

Along with the Orthodox Christians, let's venerate our own saints, maybe by following the six Northern Saints Trails to learn more about them. Above all, let's not for-



St Herbert's Island from Friars Crag

get their dedication and sheer hard work in firmly establishing Christianity here in the North of England.

Christine Porter

-00000-

For more information about the six Northern Saints trails, visit www.thisisdurham.com/northernsaints/itineraries

ALL IN THE GARDEN GREEN

The year has turned and Autumn is on its way. WENDY PRITCHARD tells us of her love for dahlias, a flower which Cliff Bilborough is well-known for cultivating and is a particular favourite of mine too, as my grandfather was a prize winning gardener in Scotland with his blooms. Wendy passes on her own growing tips for a stunning late summer display.

I love dahlias - big, bold and brassy ones with flowers the size of your hand or delicate, pastel-coloured ones with flowers shaped like tennis balls. All are beautiful, relatively easy to grow and flower from mid-summer to the first frosts. What's not to like?

Wild dahlias originally came from Mexico but weren't bred extensively in Europe until the early 1800's, when growers discovered that seedlings often have a different flower colour and shape from the parent plant. Double dahlias emerged in 1808 and by 1820 around 100 dahlia varieties had been cultivated. By the 1930s there were 14,000 named dahlia cultivars and over the last century



almost 50,000 varieties have been listed. There are tall dahlias, small dahlias, red, pink, yellow, white, orange and striped dahlias, but still no blue ones. The thousands of dahlia cultivars are classified by their different flower forms such as collarette, waterlily, decorative, cactus, pompon etc. Looking through a dahlia catalogue could keep an enthusiast entertained for hours.

These lovely flowers produce tubers underground, similar to small elongated sweet potatoes. When the first frosts come, the foliage turns black and can be cut down to a few inches above ground. Then the big decision needs to be made – to lift the tubers and store them in a frost-free place or to risk them staying in the ground over winter. If the soil becomes too cold and wet, the tubers in the ground will rot over winter and the dahlia plants will not regrow in spring. If it's a mild winter or the plant is in a sheltered place (with preferably some compost heaped over it to keep the tubers warmer), the dahlia will survive outside and come back year after year. Alternatively, to avoid this dilemma, buy some new tubers in spring and try a different dahlia or two!

Plant the tubers in a sunny position, tie tall plants to a bamboo cane for support, keep the plants moist but don't overwater and remember to deadhead. The challenge when deadheading is that the buds and the dead flower heads look very similar, and it's easy to cut off the new buds by mistake. The clue is that the new flower buds are rounded and the dead flower heads are pointed. Easy!







Dahlias became a sensation in the Victorian garden and rose to cult status. They were loved by Queen Victoria, Marie Antoinette (who grew them at Versailles) and the Empress Josephine, who proclaimed the dahlia was her favourite flower. Then they became unfashionable, thought of as being brash and over-showy — fashionable flowers were supposed to be understated and pale. Luckily, dahlias are now back in vogue, particularly the very dark maroon ones, so go on - flaunt yours!

Wendy Pritchard

RE-WILDING THE CHURCHYARD

St Mary's churchyard, owned and maintained by the Town Council, is part of a re-

wilding scheme with the agreement of the PCC. The north side of the churchyard has been scarified and wild flower seeds and bulbs have been or will be sown and planted over the coming months. A highly trained and qualified team of trampers and forkers were seen helping this process in late July. Provided there are no grave errors and no stones unturned,



we will see the benefit next spring. Thanks, lads!!

SIXTY SECOND INTERVIEW



John Pritchard has made his way down to the Green and taken the opportunity to pose his questions to both Isobel and Ian Short—two birds with one stone, as it were. For this September issue, we feature Isobel's responses

First memory? Being held up to see the coloured lights along Sheringham Prom.

Favourite meal? Any roast dinner so long as there is plenty of gravy!

Favourite music or musician? All types of Celtic music especially female Gaelic singers.

Pet dislike? Selfishness (and wheelie bins!!)

Best holiday? The last one – 2 weeks on the Isle of Lewis. Bliss.

Childhood hero? Mrs Clark, my Year 5 teacher

Favourite hobby? Sewing

Luxury on Desert Island? My embroidery basket

Recent TV you've enjoyed? The Proms season on BBC4

Worst fault? Worrying

2 best films ever? Marvellous and Sleepless in Seattle

Favourite drink? A decent cup of tea (I'm very fussy how it is made)

Gardening or sitting in the garden? Gardening

Best recent book? Lessons in Chemistry by Bonne Garmus

Favourite charity? Age UK

Place you feel happiest? Home

Three dinner companions? Ann Patchett (American writer and bookstore owner), Esme Young (Sewing Bee) and my beloved university tutor Dr Mary Murray.

What do you pray for most? That people will love God, love their neighbour and love themselves.

Traditional or new Lord's Prayer? Very happy with either.

Epitaph? "I'm glad I knew her".

BEHIND THE HYMNS

Another gentle but powerful hymn is featured by **CHRISTINE PORTER** this month. As with last month's offering, the writer of 'Just as I Am' was a woman beset with health problems for a significant part of her life.

However, this only served to drive her creativity. Her output of hymns continued through her life as the story set out here tells.

"Just As I Am"

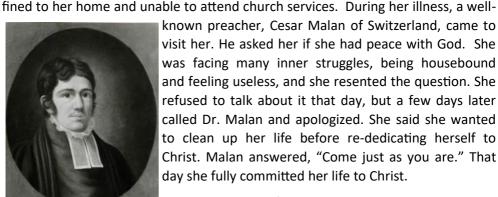
The hymns we sing in church are songs of praise and worship: to teach us about the gospel of Jesus Christ, to thank God for his amazing intervention in our world and in our lives, and to express our commitment to our faith. Many hymns were written as a personal testament to faith, as was the case with *Just as I Am*.

This well-known hymn was written by Charlotte Elliott in 1835. Charlotte was born into a Church of England family on the 18th March 1789, the daughter of Charles Elliott of Clapham, and granddaughter of the Rev. H. Venn, of Huddersfield. As a young woman, Charlotte was a gifted portrait artist and a writer of humorous verse. Then in 1823 Charlotte moved with the family to Brighton, where they became influential in Brighton's religious life for much of the century.



Charlotte Elliott

In her early thirties, Charlotte suffered a serious illness that left her weak and depressed. As a result Charlotte was con-



Dr Cesar Malan

In 1835 Charlotte's brother, the Rev. H. V. Elliott, planned to hold a charity bazaar designed to give, at a nominal cost, a high education to the daughters of cler-

gymen, to be supported by St Mary's Church, Brighton. The night before the bazaar, Charlotte was kept awake by, yet again, distressing thoughts of her apparent

uselessness. In her mental conflict she questioned the reality of her whole spiritual life. The next day, the busy day of the bazaar, Charlotte lay on her sofa, recalling the torments of the previous night. She also remembered the words of the Swiss preacher Malan: "Come just as you are."

His words came back with such force that she began to write, for her own comfort, "the formulae of her faith" in verse. Charlotte restated to herself the Gospel of pardon, peace, and heaven, and how to find salvation through Jesus Christ.

The result was *Just As I Am,* with its simple message of forgiveness and salvation to all that turn from sin and trust in Jesus:

- Just as I am without one plea,
 But that Thy blood was shed for me,
 And that Thou bid'st me come to Thee,
 O Lamb of God, I come!
- Just as I am and waiting not
 To rid my soul of one dark blot,
 To Thee, whose blood can cleanse each spot,
 O Lamb of God, I come!
- 3. Just as I am though toss'd about With many a conflict, many a doubt, Fightings and fears within, without, O Lamb of God, I come!

- Just as I am poor, wretched, blind;
 Sight, riches, healing of the mind,
 Yea, all I need, in Thee to find,
 O Lamb of God, I come!
- Just as I am Thou wilt receive,
 Wilt welcome, pardon, cleanse, relieve;
 Because Thy promise I believe,
 O Lamb of God, I come!
- 6. Just as I am Thy love unknown Has broken every barrier down; Now to be Thine, yea, Thine alone, O Lamb of God, I come!

7. Just as I am - of that free love
The breadth, length, depth, and height to prove,
Here for a season, then above,
O Lamb of God, I come!

The poem first appeared in the 'Christian Remembrancer', a high church periodical which ran from 1819 to 1868, of which Charlotte became the editor in 1836. William B. Bradbury composed music for Charlotte's lyrics and published the hymn in 1849. The hymn has also been set to at least four other tunes including Saffron Walden and Miseri cordia, used in the hymnbook Common Praise.

Charlotte Elliott remained an invalid and suffered much during the last 50 years of her life until her death on 22nd September 1871. In addition to her many poems, Charlotte wrote about 150 hymns, which appeared in her brother's 'Psalms & Hymns' and elsewhere. A large percentage of these hymns are still in common use, although *Just as I Am* is the finest and most widely known.

All of her hymns are characterised by tenderness of feeling, plaintive simplicity,

deep devotion, and perfect rhythm. The evangelist Billy Graham converted to Christianity in 1934 in a revival meeting in Charlotte, North Carolina, after hearing *Just as I Am*. He also used the title of the hymn for his 1997 autobiography.

Billy Graham wrote that his team used this hymn in almost every one of their crusades in the second half of the twentieth century. Graham said it presented "the strongest possible Biblical basis



Dr Billy Graham

for the call of Christ" and it became an altar call song in the crusades. Tens of thousands of people committed their lives to Christ after hearing it played. Similarly, this hymn has been used as a call to the altar during Eucharist at St Mary's in Richmond.

What originated as a highly personal expression of faith, written by a housebound invalid, is now internationally well known and recognised. If Charlotte Elliott were a time-traveller and could click on the link below, whatever would she make of this rather fascinating 20th century rendition by the American rock and roll / country music / gospel singer Johnny Cash?

https://www.johnnycash.com/track/just-as-i-am-5/

Hymnody historian Kenneth Osbeck wrote that *Just As I Am* had "touched more hearts and influenced more people for Christ than any other song ever written." Christian writer Lorella Rouster wrote, "The hymn is an amazing legacy for an invalid woman who suffered from depression and felt useless to God's service."

Christine Porter

200 CLUB

The July winner was no.133 Rebecca Cook; the August winner was no.10 Gwen McMurray. Congratulations to both! A few annual subscription numbers still available.(£10.00). Contact John Challis (07712 135601)

NEWS FROM MARSKE

Marske Choir and Friends got the fundraising for the Restoration and Reordering of St Edmund's Church off to a flying start with the concert held in St Edmund's on July 29th.

Thanks to the leadership of Lindsay and Nick Ibbotson, the amazing sum of £1100 was raised. Many thanks to all who attended a well-filled church and to those who sang and played.

More news about the project in later months but anyone passing pop into St Edmund's and you'll see details on the information board in the church.

Jennífer Williamson

NEWS FROM ALNWICK

We've had contact from Bev Joicey who moved to Alnwick with Wendy, who say that they've settled into their new home very quickly. They still get the magazine and regular readers may remember that Bev was an intermittent contributor whist in Richmond.

Conscious (perhaps guilt ridden?) that he hadn't contributed for some time, Bev sent a pirate's tale, alongside an invitation to call in and visit.

The Pirates Tale

A pirate walked into a bar, and the bartender said, "Hey, I haven't seen you in a while. What happened? You look terrible."

"What do you mean?" said the pirate, "I feel fine."

"What about the wooden leg? You didn't have that before."

"Well," said the pirate, "We were in a battle, and I got hit with a cannon ball, but I'm fine now."

The bartender replied, "Well, OK, but what about that hook? What happened to your hand?"

The pirate explained, "We were in another battle. I boarded a ship and got into a sword fight.

My hand was cut off. I got fitted with a hook but I'm fine, really."

"What about that eye patch?"

"Oh," said the pirate, "One day we were at sea, and a flock of birds flew over. I looked up, and one of them pooped in my eye."

"You're kidding," said the bartender. "You couldn't lose an eye just from bird muck."

"It was my first day with the hook."

Wedding





Ashleigh Durr and Thomas James Wright

were joined together in Holy Matrimony.

Help them to keep lit the torch of love that they now share in their hearts so that by their loving example they may pass on the light of love forever. Amen



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Richmond Market Place

Next Meeting: Friday 29 September

7.00 p.m.

THIRST!! (The Men's Group)

Meets first Thursday of every month from 7.00 p.m.

CASTLE TAVERN,

Richmond Market Place

Next meeting: 7 September

Contacts: Rev Paul Sunderland or Leonard Scrafton. Just turn up and be welcome!



INFORMATION POINT- ALL ARE WELCOME

There are a number of groups working in the church. All are welcome if you fancy contacting the group and being part of what they do.

Keith Robson reminds us that the Happy Bodgers are operating once more for help with odd jobs. Keith's contact number is (07866) 325843

AFTER THE CARDS AND VISITORS

Bereavement is a very difficult time for the spouse/partner left behind.

Starting again on your own is even more difficult.

Carrie and friends would like to help you with the next step.

Our informal meetings are on the first Wednesday of every month at the Morro Lounge, Richmond Market Place starting at 1.30 p.m.

Please phone **Carrie Stephenson 850103** if you would welcome any more information. The approach is very informal and relaxed TELEPHONE SUPPORT IS ALSO AVAILABLE.

Do please get in touch.

PASTORAL CARE— A CONTINUING SERVICE

The St Mary's Church community wishes to do all we can to support, listen and love all in our parish whether members of our church or not.

The Pastoral Team at St Mary's has a **Prayer Circle** at St Mary's. If you have something which you would appreciate prayer for, whether for yourself or for someone you care about, we would be privileged to pray about it. No prayer request is ever too small or trivial. Whatever you wish to share, in confidence, we will support you in prayer.

To ask for prayer you can either telephone, email or text Rev Martin on 821241, <u>fletcher martin@yahoo.co.uk</u> or 07762 440094; or Paul Sunderland (07989 178196) paul.sunderland@leeds.anglican.org—or speak to any member of the Pastoral Team and they will place your prayer in the circle. Please be assured your requests are confidential.

◆ To be a praying member of the circle or a member of the Pastoral Team, please speak to Rev Martin or Paul. They would love to hear from you.



Sudoku - Easy

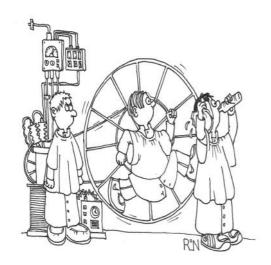
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Sudoku - Medium

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'Did they not realise that solar panels didn't work if there was no sun?'

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Word Search

Holy Cross Day

Holy Cross Day (14th September) is when the Church celebrates the Cross as a symbol of triumph, as the sign of Christ's victory over death. It began back in the fourth century, when Helena, mother of the Christian Roman Emperor Constantine, travelled from Rome to Israel to seek out places of special significance to Christians.

Much of Jerusalem had been destroyed by the Romans in 135 AD, but even so, Helena located what she believed to be the sites of the Crucifixion and of the Burial (and modern archaeologists think she may well be correct). The sites were so close together that she built one large church over them - the Church of the Holy Sepulchre. And that church, built in honour of the Cross, was dedicated on 14th September 335.

The sign of the Cross has been used by Christians since early times. Tertullian, writing about AD 211, noted that Christians seldom did anything significant without making the sign of the cross.

Holy Cross Day Celebrate Symbol

Triumph Victory Death Helena Roman

Emperor Constantine Rome Israel Site

Crucifixion Burial Sepulchre Church sign DANE $\mathsf{E} \mathsf{H}$ OREP MEO S A M MNΑ S GRCORYЕ

Puzzle Solutions

Sudoku — Easy

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Sudoku-Medium

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2	7	4	3	6	9	1	5	8
3	1	9	5	7	8	6	2	4
8	6	5	2	1	4	7	3	9

Wordsearch



Deadline October edition: Wednesday 11 October
To contribute letters, articles, etc
contact stmarys.maged@gmail.com or 07754 283161

How we can support Richmond's Food Bank

For readers who add to their weekly shop by buying items for the Foodbank based

at the Influence Church, this is an updated list of the most

useful donations

Tins: meat, fish, vegetables, fruit, soup, beans, pasta, tinned meals

(e.g. chilli, stew), pies, rice pudding, spaghetti

Packets: pasta, pasta sauce, noodles, cereal, porridge, rice, biscuits, spaghetti;

flapjack

pasta sauce, sandwich fillings, jam, spreads, tea, coffee Jars:

UHT milk, squash, washing up liquid, deodorant, bars of Also:

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More information :storehouse@influencechurch.co.uk

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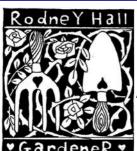
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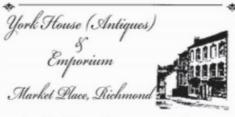
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